

The Landing

Social & Activities Center
for Members 55+

At The Woodson YMCA
707 3rd St. | Wausau, WI

March

Program Guide & Newsletter

Welcome to The Landing

Imagine age as a time for connection, movement and growth at The Landing in Wausau. From personal relationships to empowering programs, we're creating more than a local senior center. A place that's yours, where you can explore new passions and embrace every age.

Gather, move and grow with us! Whether you want a central place to have coffee with friends, a YMCA facility to improve your fitness, trips and travel opportunities or classes, The Landing offers a full calendar of programs and events.

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The Landing Hours

Monday-Friday	8:00am - 4:30pm
Saturday	9:00am - 1:00pm

**Coffee this
month is
sponsored by:**



How to Register for Programs:

Email: memberservices@thelandingwausau.com

Call: 715-841-1855

Online: thelandingwausau.com

In-Person: Visit the Receptionist Desk at the Landing, or Member Services Desk at main entrance to our Wausau Branch or Aspirus Branch to register.

For multi-session programs, please register prior to the first meeting date and plan to attend from the beginning.

Programs already in progress and registration is closed are noted in the description of the program.

All fees are noted, where appropriate. If no fee is noted, the program is Free to Members, and \$15 for Non-Members

Financial Assistance: Community Supported Memberships (CSM) provides partial assistance to members that qualify. To apply schedule an appointment at the Member Services Desk

Registration is required for all Programs & Events, with the exception of in-person Group Exercise.

Registration is Required

Visit our Member Service Desk & Sign Up!

Alzheimer's Association Presents: The 10 Warning Signs of Alzheimer's

Monday, March 3rd at 10:00-11:00am in The Landing Tech Room

Health & Wellness

Alzheimer's and other dementias cause memory, thinking and behavior problems that interfere with daily living but the early symptoms are sometimes subtle. Join us to learn about: common signs of dementia and Alzheimer's, typical age-related changes to memory and thinking.

Facilitator: Julie St. Pierre | Members: FREE Non-Members: Day Pass Required

Learn American Mahjongg

Monday & Thursdays, Mar. 3rd-Mar. 13th at 11:00am-12:45pm in the Landing Art Room

Special Interest

American Mah Jongg is a fun & fascinating game of skill & strategy, popular around the world. Using beautiful tiles & varying levels of complexity, Mahj has been shown to have a positive effect on cognitive function & brain health in aging.

Lynn is an experience Mah Jongg player with years of teaching experience under her belt. She has a passion for sharing this wonderful game that keeps your brain young. You'll have fun too!

Facilitator: Lyn Eby | Members: \$15 Non-Members: \$45

Ukulele Club with Justin Zopel

Kick-Off: Tuesday, March 4th at 10:00-11:00am in The Landing Tech Room

Club: Tuesday, March 11th | Lessons: Tuesdays, March 18th- May 20th

Special Interest

The Landing Ukulele club is dedicated to the promotion of fun, frolic & all things ukulele. Join us for the kickoff program where Justin walks through what the lessons entail.

The Club will meet on the 3rd Tuesday of March, then Lessons will meet on the 1st & 3rd Tuesdays of April & May.

Facilitator: Justin Zopel | Kick-off and Club: FREE Lessons: \$100 for 5 sessions

Play Reading- "Hedda Gabler" & "An Enemy of the People" by Henrik Ibsen

Tuesdays, February 11th-March 25th at 1:30-3:00pm in the YMCA Multi-Purpose Room

Special Interest

Gather with Sarah Rudolph & other enthusiasts in The Landing to read & discuss two plays written by Henry Ibsen. Cost of the program includes both play reading books.

This program is not longer available for registration.

Facilitator: Sarah Rudolph | Members: \$15 Non-Members: \$45

March Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

Old Guys Book & BS Club



Wednesday, March 5th at 9:30-10:30am in The Landing Tech Room
Occurs on the 1st Wednesday of each month

A club designed for men who are members of The Landing to get together, discuss books, have a donut and BS. **Please read “The Red Bandana”** by Tom Ronaldi for the March meeting. **Spots are limited- Registration is required**

Facilitator: John DeLaporte | Members: FREE Non-Members: Day Pass Required

March Lunch at The Landing



Wednesdays at 11:30am-12:00pm in The Landing Dining Room

Join us every Wednesday for a homecooked meal. **Registration Deadline is 4:00pm on the Monday prior to the meal.** No refunds will be given after the registration deadline.

March 5th: Pork Lo Mein **\$5**

March 12th: Patty Melt with Fries & a Scotcheroo **\$10**

March 19th: 7 Layer Salad & Chess Pie **\$10**

March 26th: Pad Thai & a Buckeye **\$10**

Facilitators: Haley Houghton & Amber Pender

Let's Create with U-Paint: “Lucky Gnome”



Wednesday, March 5th at 1:00-3:00pm in The Landing Art Room

Join Briana Ziebell-Glasel, on the first Wednesday of the month for an art teacher lead class to create an art piece every month. March's program will be painting a Fun St. Patrick's Themed painting.

Registration Deadline: March 5th | Cancellation Deadline: February 26th

Facilitator: Briana Ziebell-Glasel | Members: \$25 Non-Members: \$40

Understanding the Language of Car Buying



Thursday, March 6th at 10:00-11:00am in The Landing Tech Room

Landing Member, Pete Roth is a retired automotive sales & management professional and will help navigate the complex world of car buying. Whether you're in the market for a new car now or just want to be a more informed buyer in the future, this session will equip you with the comfort & knowledge you need to make the best financial decision for you.

Facilitator: Pete Roth | Members: FREE Non-Members: Day Pass Required

March Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

Lifestyle Change Program



Thursday, February 20th- April 24th at 11:30-12:30pm in The YMCA Multi-Purpose Room

Certified Lifestyle Coach, Lisa Knoll is back with her “Journey Towards Better Health & Well-Being” Program. These small group sessions focus on empowering participants to make small, healthy changes to their daily lives that eventually add up to big results.

Join Lisa for 10-Weeks of sessions, each stand on their own, so participate in one or all of the sessions. **Cancellation Deadline: 24hs Prior to Session**

Facilitator: Lisa Knoll | Members: \$5 per sessions Non-Members: \$20 per session

Guitar Music with John - First Thursday of Month



Thursday, March 6th at 2:00pm-3:00pm in The Landing Dining Room

Come to listen, dance, sing along and enjoy the musical talents of John & his guitar.

Facilitator: John Schmidt | Cost: \$Free

March Birthday Bash!



Friday, March 7th at 11:30am-12:30pm in Landing Tech & Art Rooms
Occurs on the 1st Friday of each month

We are celebrating birthdays every Month! If it is your Birthday Month, sign up to enjoy cake, music & the chance to win fun prizes.

Special Thank You to Culvers for helping sponsor our Monthly Birthday Bash!



Facilitator: Matthew Johnson | Cost: Free

Seeking Inner Harmony with Bernie



Monday, March 10th & 24th at 10:00-11:30am in The YMCA Multi-Purpose Room
Occurs on the 2nd & 4th Mondays of each month

Together, we'll create a safe, non-judgmental space where participants can openly share life experiences that may still weight on them. Join us for this fascinating & informative personal wellness program.

Facilitator: Bernie Corsten | Members: FREE Non-Members: Day Pass Required

March Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

4-Season's Golf Simulator & Pizza Lunch



**Monday, March 10th at 11:00am-1:30pm at 4-Seasons Golf
15141 Robin Lane, Suite 200 | Rib Mountain, WI**

Have you ever wanted to play a round of golf in the fall or winter months? Now you can at 4-Seasons Golf of Wausau. This will be offered monthly through March.

Registration is completed with 4-Seasons Golf. Call 715-679-3769 or stop in to 4-Seasons at 15141 Robin Lane, Suite 200 | Rib Mountain, WI.

Facilitator: Bill Olson | Cost: \$22

Introduction to Spanish



Monday, March 10th-April 28th at 12:00-1:00pm in the YMCA Multi-Purpose Room

Spanish is one of the most spoken languages in the world. There are 20 Spanish speaking countries who use the language in an official capacity, as well as large populations of Spanish speakers in other countries.

This course will help you develop basic Spanish speaking survival skills & explore the culture, practices & perspectives that are unique to Hispanic cultures.

Registration Deadline: March 7th | Cancellation Deadline: March 3rd

Facilitator: Celin Mejias | Cost: \$160

Beyond Introduction to Spanish



Monday, March 10th-April 28th at 1:15-2:15pm in the YMCA Multi-Purpose Room

These 8 weeks will build on the previous Spanish lesson sessions. Members will continue to develop their understanding of the language and will get to start writing stories of their own, carry on conversations, be able to ask & answer questions.

Note: If you can speak base Spanish, you are welcome to join this session.

Registration Deadline: March 7th | Cancellation Deadline: March 3rd

Facilitator: Celin Mejias | Cost: \$160

Honoring Choices- Quarterly Group Presentation



Tuesday, March 11th at 9:00-10:00am in The YMCA Multi-Purpose Room

Join Julie from Aspirus to learn about Advance Care Planning (ACP), the process which helps you think about, talk about & write down your choices for future health care decisions.

Honoring Choices 1:1 Sessions- Tuesday, March 18th- please register for one time only: 10:00am | 10:30am | 11:00am | 11:30am

Facilitator: Julie Barge | Members: FREE Non-Members: Day Pass Required

The Landing

2025 Tumbler Fundraiser

Help The Landing with our 2025 Fundraising Goal!
In addition to the Annual Gala, we are holding a second fundraiser with Leading Edge Fundraising.

Scan the QR Code below to order your Landing personalized** Coffee Tumbler.

If you are not looking for a tumbler, you can make a monetary donation.

Tumblers will be shipped directly to you and will arrive between April 11th-April 18th.

Cost: \$30+ Shipping



LEADING EDGE
FUNDRAISING



**other engraving options are available

Registration is Required

Visit our Member Service Desk & Sign Up!

Rick Lohr Presents: Ecuador



Tuesday, March 11th & Wednesday, March 19th at 10:00-11:00am in The Landing Tech & Art Rooms

Ecuador may be one of South America's smaller countries, but it packs a mighty punch. Ecuador encompasses glorious Pacific beaches, swoon-worthy Andean mountain vistas, and, thanks to the Amazon and the Galápagos Islands, unbelievable biodiversity.

Join Rick to learn more about the wonders of Ecuador.

Facilitator: Rick Lohr | Members: FREE Non-Members: Day Pass Required

Social Singles- Great Dane



Tuesday, March 11th at 3:00-5:00pm at The Great Dane 2305 Sherman St | Wausau

Meet other Singles at our Monthly Social Singles event at Great Dane. Enjoy good company and conversation.

Facilitator: Cheryl Johnson- Domino | Cost: FREE

Medicare 101



Wednesday, March 12th at 12:30-1:30pm in The Landing Tech Room

It's not too early to start thinking about Medicare benefits, especially for persons turning 65.

Josh Reissmann of Clay Marketing will be talking about the multiple areas of Medicare enrollment. Knowing what's available to you begins with information and conversations. Join us for this opportunity to educate yourself on the Medicare Choices, and how they may, or may not, affect you; and to enjoy an ice cream treat.

Facilitator: Josh Reissmann | Cost: FREE

Practical Wisdom for Everyday Life Series



Thursdays, March 13th-April 10th at 10:00-11:30am in The Landing Art Room

There's nothing more practical than understanding more about what is true. Like a good map, it makes it easier to get where we want to go. Wisdom is true knowledge put to good use. This series of presentations/discussions is an opportunity to build on gems of wisdom from life experiences & explore new ones. Topics Include:

March 13th: What's True about Being Human? | March 27th: What we focus on grows | April 3rd: The Joy of Listening | April 10th: Caring with People

Facilitator: Loretta Ulmschneider | Members: FREE Non-Members: Day Pass Required

March Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

Mind, Body & Spirit with Debby Krenz



Thursday, March 13th & 20th 9:30-11:00am in The YMCA Multi-Purpose Room

Learn to connect with your intuition! There is a place inside of you that has infinite wisdom & knowledge. It can help you to bring greater peace joy & abundance into your life!

Registration is required. Registration/Cancelation Date The Monday Prior to Class
Facilitator: Debby Krenz | Members: \$12 Non-Members: \$27

Delores Kessel Presents: Dealing with Family Estrangements



Friday, March 14th at 8:30-10:00am in The Landing Tech & Art Rooms

Estrangements occur for many reasons. Some can be easily understood & some are much harder to understand. Some estrangements occur suddenly & some seem to slowly & quietly erode away.

During the session, there will be discussion on how people who are estranged can attempt to initiate reconciliation and how to cope if it is not resolved.

Facilitator: Delores Kessel | Members: FREE Non-Member: Day Pass Required

Quarterly Blood Pressure Clinic with Rennes Group



Friday, March 14th at 10:00-11:00am in The Landing Tech

The Rennes Group will be at The Landing conducting Blood Pressure Clinics at The Landing.

Please arrive by 10:00am. Blood Pressures will be taken on a first come, first serve basis. When the last test is taken, the Rennes Staff will depart.

Facilitator: Rennes Group | Members: FREE Non-Member: Day Pass Required

Soup-to-Go!



Every Other Friday beginning November 8th-March 28th at 10:30am

Soup-to-Go is back! Enjoy a quart of homemade soup and a quarter loaf of bread every other Friday during the Fall & Winter months. **Registration Deadline is 4:00pm on the Monday prior to the meal. No refunds will be given after the registration deadline.**

March 14th: Chicken Noodle Soup with Cranberry Walnut Bread

March 28th: Loaded Baked Potato Soup with Garlic & Cheese Bread

Facilitators: Haley Houghton & Amber Pender | Cost: \$10

Registration is Required

Visit our Member Service Desk & Sign Up!

Getting to Know Classic Films- NEW DAY!!



Friday, March 14th & 28th at 12:00-1:00pm in The Landing Tech Room

Join Scott Schutte, classic movie buff for our classic movie for March.

March 14th: "Some Like it Hot" (1959)

March 28th: "Body & Soul" (1947)

Facilitator: Scott Schutte | Members: FREE Non-Members: Day Pass Required

Let's Make Pie Crusts with Jean- "Rolling with Luck"



Monday, March 17th at 10:00-11:30am in The YMCA Multi-Purpose Room

'Sure as begorrah,' Pie Crust making with Jean and her lovely assistant, Liz is back! You will learn how to make the perfect pie crust.

The Luck of the Irish will surely be with you as you will leave with 5 pie crusts to store, a pastry cloth & sleeve to keep & sample apple-pear pie made by Jean.

Registration Deadline: March 10th | Cancellation Deadline: March 7th

Facilitator: Jean Burgener | Members: 10 Non-Members: \$25

New Member Meet & Greet



Monday, March 17th at 11:30-12:30pm in The Landing Tech Room

Occurs on the 4th Monday of each

Join us for a fun and informational sessions to welcome you to The Landing.

All participants will be given a Landing Bingo Card. Get a Bingo and enter into our Quarterly Drawing for \$100 Gift Card.

Facilitator: Pat Kluz | Cost: FREE

PAM Rehabilitation Presents: Brain Health



Tuesday, March 18th at 9:00-10:00am in The Landing Tech Room

In collaboration with the ADRC, PAM Health is offering an educational brief about brain health. Participants will learn about taking care of the brain. We will identify important options and choices in life that promote a healthy brain.

Facilitator: Megan Schroeder | Members: FREE Non-Member: Day Pass Required

Registration is Required

Visit our Member Service Desk & Sign Up!

Aviation Museum & Military Veteran's Museum Tours- Oshkosh

Thursday, March 20th- meet at YMCA Front Entrance at 7:45am



The EAA Aviation Museum is where your imagination takes flight! Check out their collection of more than 200 historic airplanes, along with world-class galleries. Lunch will follow at Mineshaft (not included in cost of trip)



After lunch, we will head to Military Veterans Museum & Educational Center where we will have a guided tour.

Registration Deadline: March 12 - Cancellation Deadline: March 5th

Facilitator: David Landretti, Shuttle Driver

Cost: ~~\$45~~ - Reduced Cost to \$30 Thanks to Sponsor: Aspirus Health Plan

★ **Veterans are FREE** ★

Bingo at The Landing!

Thursday, March 20th at 1:00-2:30pm in The Landing Tech & Art Rooms



Let's play Bingo! Come out and play Bingo with your old and new friends each month. No daubers or number covers needed as we will be using the sliding window bingo cards. There will be friends, prizes & laughter.

Special Thanks
Bingo Sponsor



Facilitator: Pat Kluz | Members: FREE Non-Members: Day Pass Required

Tony Omernik Presents: Secrets of Planning a Happy Retirement

Friday, March 21st at 10:00-11:30am in The Landing Tech Room



Join Tony Omernik, an experienced retirement coach, as he leads this program that helps people develop their personalized non-financial plan for a happy retirement.

Retirement is not just about finances, it's also about maximizing your life experiences around you & your objectives in having a happy retirement.

Facilitator: Tony Omernik | Members: FREE Non-Members: Day Pass Required

Team Trivia Smackdown

Friday, March 21st at 11:30am-1:00pm in The Landing Tech & Art Rooms



Bring all your facts, knowledge, wisdom, or lucky guesses to this event. It's a great way to meet new people along with old friends, with much fun to be had by all, so Register Today.

Special Thanks
Trivia Sponsor



Facilitator: Mary Ellen Marnholtz | Members: FREE Non-Members: Day Pass Required

Registration is Required

Visit our Member Service Desk & Sign Up!

Book Club

Monday, March 24th at 11:30am-12:30pm in The Landing Art Room
Occurs on the 4th Monday of each month



Our book club is led by Connie Heidemann with Marathon County Literacy. All group members will read the book and join in a lively discussion led by Connie about the themes, characters and takeaways from each book. Please read **"The Wind Knows my Name"** by Isabel Allende for March's meeting.

Facilitator: Connie Heidemann | Members: FREE Non-Members: Day Pass Required

Rambling Around Rapids

Tuesday, March 25th- Meet at The Landing at 9:45am



Hop aboard the Landing Shuttle for a fun day in Wisconsin Rapids. Stops include: Sweat Tea Clothing Co., Perkins Restaurant, South Wood County Historical Museum, The Trading Post, LLC & Family Natural Foods.

Cost of the program include shuttle ride- all other purchases are on your own.

Registration Deadline: March 24th - Cancellation Deadline: March 11th

Facilitator: Halle Veenstra | Cost: \$22

Edward Jones Presents: The Four Pillars of the New Retirement Seminar

Tuesday, March 25th at 11:00am-12:00pm in The Landing Tech Room



Paul will provide an in-depth look at "The Four Pillars of the New Retirement". Attendees will be empowered to think through their own circumstances, goals & challenges so that they can take action.

Join Paul Dau, CFP of Edward Jones for these essential budget planning tactics.

Facilitator: Paul Dau, CFP | Members: FREE Non-Members: Day Pass Required

Wings Grief

Tuesday, March 25th at 3:30-4:30pm in The Landing Tech Room



Telling your story of your loss can be painful. Sometimes getting beyond the difficult words lies the potential for healing that leads to a deeper understanding of your feelings & yourself.

Registration is not done through The Landing. You can register at wingsgrief.org | nanwings1@gmail.com | 715-845-4159

Facilitator: Nan Zastrow | Cost: FREE

Registration is Required

Visit our Member Service Desk & Sign Up!

Rennes Group Presents: Balance & Mobility

Wednesday, March 26th at 10:00-11:00am in The Landing Tech Room



Balance begins to decline in midlife, starting at about age 50. In one recent study, adults in their 30s & 40s could stand on one foot for a minute or more. At age 50, that time decreased to 45 seconds.

Join Rennes Group as they delve into methods to improve balance & maintain mobility as we age.

Facilitator: Rennes Group | Members: FREE Non-Members: Day Pass Required

Bridge Lessons- Advanced & Beyond Beginner's Lessons

Wednesdays, March 26-May 28th at 12:30-2:30pm (No Class Apr. 2 or May 7)



Advanced Bridge Lessons- Held in the YMCA School Age Room- this series is for advanced, experienced players.

Beyond Beginner Lessons- Held in YMCA Multi-Purpose Room- this series for players who have taken beginner lessons with Emalyn & players with some experience. A book will need to be purchased & is included in the cost.

Registration Deadline: March 12th - Cancellation Deadline: March 5th

Facilitator: Emalyn Nikstad | Advanced Cost: \$20 | Beginner Cost: \$35

The Lunch Club!



Thursday, March 27th at 12:00-2:00pm at Hiawatha

713 Grant St | Wausau, WI

Join us for March's Lunch club at Hiawatha for a delicious meal with Landing Friends. Registration is required.

Facilitator: Cheryl Johnson-Domino | Cost: Lunch Fees to be paid to restaurant

Leigh Yawkey Museum Guided Tour

Friday, March 28th at 12:30-1:30pm at Leigh Yawkey Woodson Art Museum



Join Amalia, Assistant Director & Collections Curator, for a guided gallery walk through "Myth and Folly" an exhibition that delves into the fascinating ways birds have inspired stories, superstitions & artistic expression.

Facilitator: Amalia Wojciechowski | Cost: FREE

Registration is Required

Visit our Member Service Desk & Sign Up!

Ho-Chunk Gaming Casino Trip

Friday, March 28th- Ho-Chunk Shuttle departs from parking lot A at 1:15pm

Join in on the fun of these monthly shuttle trips to Ho-Chunk Gaming in Wittenberg. The casino offers many different slot options and electronic table games, including Texas Hold Em, Craps, Black Jack and Roulette

Facilitator: Kathryn Boettcher | Cost: FREE



Coffee and Shuttle Trips this month is sponsored by:



Program Cancellation Policy

Program registrations are required to ensure a spot is exclusively reserved for you. If you are unable to attend a registered program, please contact The Landing at 715-841-1855 as soon as possible. For programs with a fee, a program credit will be used, if canceled before the program cancellation date, If the fee is over \$20, a credit card reimbursement or check can be requested until the Cancellation Deadline. Unfortunately, we are unable to reimburse in the form of cash. Note: Credit card and check reimbursements can take up to 10 days to receive. Cancellation Deadlines will be indicated in the Program Guide and on the Program Flyer for programs with a fee.

Note: The Landing reserves the right to modify this policy at any time.

Looking Ahead

Travel Show with Collette

Special Interest

Monday, April 21st at 10:15-12:00pm in The Landing Tech & Art Rooms

Join Katie from Collette to go over the exciting international tours we have planned for the end of 2025 and into 2026.

Registration is required as space is limited. **Now Available for Registration!**

Facilitator: Katie Ganshert | Members: FREE Non-Members: Day Pass Required

The Landing at The Wausau Woodchucks vs. The Kalamazoo Growlers

Offsite Adventures

Wednesday, July 2nd-- Save The Date!

Join us and your friends from The Landing at Athletic Park in Wausau as the Woodchucks take on the Kalamazoo Growlers.

Stay tuned for more information!

Facilitator: Matt Johnson

The Landing at The Milwaukee Brewers vs. Chicago Cubs!

Offsite Adventures

Wednesday, July 30th-- Save The Date!

Join us and your friends from The Landing at American Family Field as we watch the Milwaukee Brewers take on the Chicago Cubs.

Stay tuned for more information!

Facilitator: Matt Johnson

It's A Wonderful Life- At Fireside Theatre

Offsite Adventures

Friday, December 12th-- Save the Date!

Let's take a trip to The Fireside Theatre for the Holiday favorite, "It's a Wonderful Life."

Stay tuned for more information!

Facilitator: Amber Pender



Cycling Without Age of Marathon County is looking to add more Pilots to their team for the 2025 Season. If interested, please contact (715) 573-3192.

Weekly Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

Movie Mondays

Every Monday in The Landing Tech Room at 12:45-3:30pm

We will be showing a movie every Monday afternoon starting at 12:45 pm in The Landing Tech Room. We update the Movie Monday flyers each month after the Monday movie from the previous month, so grab a flyer for more details. We will see you at the movie!



Kings in The Corner

Mondays & Thursdays from 11:00-12:30pm in The Landing Game Room

Only 1 deck of cards is used in this game with a maximum of 4-5 players per table. Players try to get rid of their cards by playing them in a solitaire-like layout of 8 piles, built of alternate red & black cards in descending order. The Ace is low. The Kings are placed in the corner to start a run from King to Ace. **Beginners Welcome!**



American Mahjong

Mondays & Fridays at 1:00-3:00pm in The Landing Dining Room

We are setting aside space for mahjong play- we hope you'll join us! Up to 16 players if using only The Landing's Mahjong sets. Bring your own Mahjong card.



Monday Bridge (Closed Group)

Mondays at 1:00-3:00pm in The Landing Game Room

No openings for new players



Euchre

Tuesdays at 10:00am-12:00pm in in The Landing Game Room

Come with a partner or on your own and join us for a rousing round or two of Euchre! Want to learn? We will help you. Come join us.



Tuesday Crafters

Tuesdays at 12:00-2:00pm in in The Landing Art Room

Work on your craft project among friends! Bring your unfinished project and get the motivation you need to complete it by enjoying the company of fellow crafters. You might even get a few tips and tricks to take your work to the next level!



Scrabble!

Tuesdays at 11:30am-1:00pm in The Landing Game Room

Come join your friends at The Landing for a fun game of Scrabble!

This is a non-judgmental, fun time to come and play.



Weekly Programs

Registration is Required

Visit our Member Service Desk & Sign Up!

Mexican Train



Tuesdays at 12:30-3:30pm in The Landing Dining Room

Mexican Train is a game played with dominoes. The object of the game is for a player to play all the tiles from his or her hand onto one for more chains, or trains, emanating from a central hub or "station." The game's most popular name comes from a special optional train that belongs to all players.

Hand and Foot



Tuesdays at 12:30-3:00pm & Fridays 10:30-1:00pm in The Landing Game Room

Similar to Canasta, Hand and Foot is a game in which each player is dealt two sets of cards- the hand, which is played first, and the foot, which is played when the hand is used up. Players will agree upon rules and variations at the start of play.

Advanced Chicago Style Bridge



Wednesdays at 9:00-11:30am in The YMCA School Age Room

Experienced bridge players are invited to play bridge each Wednesday. Players need to talk with Jean prior to joining the group.

Leader: Jean Burgener

Fun Bridge



Wednesdays at 10:00am-12:00pm in The Landing Game Room

Beginner Bridge players are invited to play Bridge every Wednesday.

Cribbage



Wednesdays at 1:00-3:00pm in The Landing Game Room

Come play Cribbage with new friends and old at The Landing- every Wednesday!

Laughter Club



Thursdays at 10:00-11:00am in The Landing Art Room

Laughter yoga uses simple breathing techniques, fun laughter exercises, eye contact and childlike playfulness to elicit laughter, without relying on humor or jokes. Health benefits of laughing in laughter yoga are based on scientific evidence that the body cannot tell the difference between fake and real laughter. You will feel the health benefits from the very first session!

Leader: Bernie Corsten

Ping Pong at The Landing



Thursdays at 1:00-2:00pm in The Landing Game Room

Join us for a weekly gathering to play ping pong

Sheepshead



Fridays at 1:00-3:00pm in The Landing Game Room

All levels of players are welcome, even beginners