

# The Landing

Social & Activities Center  
for Members 55+

At The Woodson YMCA  
707 3rd St. | Wausau, WI

## October

### Program Guide & Newsletter

## Welcome to The Landing

Imagine age as a time for connection, movement and growth at The Landing in Wausau. From personal relationships to empowering programs, we're creating more than a local senior center. A place that's yours, where you can explore new passions and embrace every age.

Gather, move and grow with us! Whether you want a central place to have coffee with friends, a YMCA facility to improve your fitness, trips and travel opportunities or classes, The Landing offers a full calendar of programs and events.

## Table of Contents

Page 2	October Lunches
Pages 3-12	October Programs
Page 13	Looking Ahead/Sponsorship
Pages 14-15	Weekly Programs

## The Landing Hours

Monday-Friday	8:00am - 4:30pm
Saturday	9:00am - 1:00pm

## How to Register for Programs:

**Email:** [memberservices@thelandingwausau.com](mailto:memberservices@thelandingwausau.com)

**Call:** 715-841-1855

**Online:** [thelandingwausau.com](http://thelandingwausau.com)

**In-Person:** Visit the Receptionist Desk at the Landing, or Member Services Desk at main entrance to our Wausau Branch or Aspirus Branch to register.

For multi-session programs, please register prior to the first meeting date and plan to attend from the beginning.

Programs already in progress and registration is closed are noted in the description of the program.

All fees are noted, where appropriate. If no fee is noted, the program is Free to Members, and \$15 for Non-Members

*Financial Assistance: Community Supported Memberships (CSM) provides partial assistance to members that qualify. To apply schedule an appointment at the Member Services Desk*

**Registration is required for all Programs & Events, with the exception of in-person Group Exercise.**

# Lunch at The Landing

Wednesdays from  
11:30am-12:00pm



## October 2nd:

### Roasted Pork & Sweet Potatoes- \$10

Juicy pork tenderloin served with roasted sweet potatoes & a roll. A fruit parfait will serve as a tasty treat.



## October 9th:

### Big Mac Quesadillas- \$5

Seasoned beef & cheese in a flour tortilla. Pickles, Onions & secret sauce will be served on the side.



## October 16th:

### A Favorite Fall Salad- \$10

Mixed greens & arugula topped with chicken, butternut squash, chopped pecans, feta, dried cranberries & an apricot dressing. For dessert, enjoy a pumpkin bar with cream cheese frosting.



## October 23rd:

### French Onion Soup- \$5

Homemade French Onion Soup will be served with a toasted baguette, smothered in cheese.



## October 30th:

### Spooky Spaghetti & Meatballs- \$10

Traditional Spaghetti & Meatballs served with a fun peanut butter blossom spider.

***Lunches may be picked up at the tan/gray door on 4th St. or inside The Landing between 11:30am and 12:00pm.***

**Beverages available for \$1**

**Lunches are non-refundable after registration has closed.  
Registration Deadline: 4pm on the Monday Prior**



Registration is Required  
Visit our Member Service Desk & Sign Up!

# October Programs

## Creative Cooking with Jackie- Cookie Decorating

**Tuesday, October 1st at 9:00-11:30am in The YMCA Multi-Purpose Room**

Let's prepare for holiday cookie decorating. Jackie will bring baked cookies to this fun class. This will be an interactive class & each member will decorate 6-8 cookies to take home with them.

Special Interest

Learn to decorate like a professional in this fun class!

**Facilitator: Jackie Romero | Members: \$10 Non-Members: \$25**

## Lifestyle Change Program- A Journey Towards better Health & Well-Being: 10-Week Series

**Wednesdays, October 2nd-December 4th at 9:30-10:30am in The YMCA Multi-Purpose Room**

Join certified Lifestyle Coach, Lisa Knoll on a journey to your best, healthiest self with the Lifestyle Change Program. Each session will outline easy-to-implement skills & tools for losing weight & getting more physically active. You can register for one or all of the sessions you wish. **See flyer for full session details.**

Health & Wellness

**Facilitator: Lisa Knoll | Members Only: \$5 per session**

## Medicare 101- Followed by Senior Membership Options

**Wednesday, October 2nd at 10:30am-12:30pm & Monday, October 14th at 9:00-11:00am in The Landing Tech & Art Rooms**

Join Josh Reissmann of Clay Marketing Group, as he will be talking about the multiple areas of Medicare Enrollment. Following, the YMCA Member Services Staff JuliAnn Sklow & Lynn Wilkowski will walk through the options available for YMCA Memberships for Seniors.

Educational

Knowing what's available to you, begins with information & conversations. Join us for this educational opportunity.

**Facilitator: Clay Marketing Group & YMCA Member Services- Free for all to attend**

## Let's Create with U-Paint: Autumn Stroll Canvas Painting

**Wednesday, October 2nd at 1:00-3:00pm in The Landing Art Room**

Join Briana Ziebell-Glasel, owner of U-Paint on the first Wednesday of the month for an art teacher lead class to create an art piece every month.

Special Interest

Briana's motto is: Art is done FUN! And that's just FINE! You Got This!

**Facilitator: Briana Ziebell-Glasel | Members: \$25 Non-Members: \$40**



# October Programs

Registration is Required  
Visit our Member Service Desk & Sign Up!

## Old Guys Book & BS Club



**Thursday, October 3rd at 9:30-10:30am in The Landing Tech Room**  
***Normally occurs on the 1st Wednesday of each month - 1st Thursday in October***

A club designed for men who are members of The Landing to get together, discuss books, have a donut and BS. **Please read “The Extraordinary Life of Sam Hell” by Robert Dugoni for the October Meeting**

**Facilitator: John DeLaporte | Members: FREE Non-Members: Day Pass Required**

## Wausau Spine & Rehab Presents: Common Lower Extremity Conditions



**Thursday, October 3rd at 12:30-1:30pm in The Landing Tech & Art Rooms**

Join chiropractor Robert Devine, DC of Wausau Spine & Rehab Clinic for this presentation on common lower extremity conditions.

**Facilitator: Robert Devine, DC | Members: FREE Non-Members: Day Pass Required**

## Minocqua Daycation- Shopping & Cruising



**Friday, October 4th- Meet in The Landing at 9:15am for Departure**

Join us for a Daycation in Minocqua. The day starts with Lunch at T. Murtaugh’s Pub followed by time to browse the downtown shops. Meet back at the shuttle at 2:15pm to load up for a Pontoon Nature Cruise to enjoy the fall colors. **Cost of the trip includes shuttle ride & pontoon ride. Lunch and anything purchased is on your own.**

**Facilitator: Halle Veenstra | Cost: \$70**

## October Birthday Bash!



**Friday, October 4th at 11:30am-12:30pm in The Landing Tech & Art Rooms**  
***Occurs on the 1st Friday of each month***

We are celebrating birthdays every Month! If it is your Birthday Month, sign up to enjoy cake, music & the chance to win fun prizes.

**Facilitator: Mary Jindrich | Cost: Free**

Special Thank You to our Birthday Bash Sponsors





Registration is Required  
Visit our Member Service Desk & Sign Up!

# October Programs

## Out & About with Jon- Mammoth Hike Challenge



**See below for dates. If riding the Landing Shuttle, Meet at the Landing at 9:00am**

Feel the team spirit & join The Landing as we take on the Mammoth Hike Challenge. Our goal is to complete 44 miles as a team or individually. The Landing will be providing shuttle & trail guides for 6 different times at various Ice Age Trail Locations.

See flyer for full details.

**Monday, October 7th | Thursday, October 10th | Tuesday, October 15th**

**Thursday, October 17th | Tuesday, October 22nd | Thursday, October 24th**

**Sponsored By:**

**Wausau Spine  
& Rehab**



**Facilitator: Jon Oestrich | Cost: Free**

## Introduction to Spanish- Session 1



**Mondays, October 7th- November 25th at 12:00-1:00pm in the  
YMCA Multi-Purpose Room**

Spanish is one of the most spoken languages in the world. This course will help you develop basic Spanish speaking survival skills & explore the culture, practices & perspectives that are unique to Hispanic Cultures.

Your instructor, Celin who is native to Venezuela, & teaches for Marathon County Literacy Council will guide you through the Spanish Language. Whether you just want to learn Spanish, or are planning to travel to a Spanish speaking country, you won't want to miss this introductory class.

**Facilitator: Celin Mejias | Members: \$160**

## BrainSavers: 12- Week Series



**Tuesdays & Thursdays beginning October 8th at 1:15-2:15pm in The Small  
Group Training Room**

BrainSavers is an evidence-based, Brain + Body Total Fitness program for Healthy aging. This program will help you maintain your enjoyment of independent living, while improving your overall physical & mental well-being. It is designed to help those living with, or at risk for Alzheimer's disease and dementia, and those wishing to grow and exercise their brains. Registration is required and is only open to 20 participants. If full, please get added to the wait list. **Registration will be open to those who attended the informational session first. General Registration will begin Monday, September 16th.**

**Facilitator: Amber Pender | Open to Members Only: \$25**



# October Programs

Registration is Required  
Visit our Member Service Desk & Sign Up!

## **Beyond Introduction to Spanish- Session 3**



**Mondays, October 7th- November 25th at 1:15-2:15pm in the YMCA Multi-Purpose Room**

These 8-weeks of lessons will build on Session 1 & 2 with basic conversation relating to family & home life and sports. We will continue to build on basic grammar, increase vocabular & practice pronunciation, all of which will assist you in understanding the Spanish language & increasing their ability to converse.

NOTE: It is not necessary to have taken Sessions 1 & 2 to join in Session 3. Your instructor Celin who is native to Venezuela, & teaches for Marathon County Literacy Council will guide you through the Spanish Language.

**Facilitator: Celin Mejias | Members: \$160**

## **Rick Lohr Presents: Tour of India with Rotary Polio Delegation**



**Tuesday, October 8th & Wednesday, October 16th at 10:00-11:00am in The Landing Tech & Art Room**

Various Rotarian Districts send delegates to India's National Immunization Day for polio. Sightseeing in Delhi is captivating, thought-provoking & awe inspiring. Get a glimpse of the culture and the beauty of the country.

**Facilitator: Rick Lohr | Members: FREE Non-Members: Day Pass Required**

## **Play Reading- Shakespeare's "Henry IV"- Part 1**



**Tuesdays, October 8th - November 12th at 1:30-3:00pm in the YMCA Multi-Purpose Room**

Gather with Sarah Rudolph & other theatre enthusiasts in The Landing to read & discuss Shakespeare's play, "Henry IV." Register today for this interactive sharing of Shakespeare's play.

Cost includes the cost of the play reading book.

**Registration Deadline: September 25th.**

**Facilitator: Sarah Rudolph | Members: \$10 Non-Members: \$25**

## **Social Singles- Uncommon Pints**



**Tuesday, October 8th- Meet at Uncommon Pints at 3:00-5:00pm  
27 Brown Blvd. | Rothschild, WI 54474**

Meet other Singles at our Monthly Social Singles event at Uncommon Pints. Enjoy good company and conversation.

**Facilitator: Mary Jindrich | Cost: FREE**





Registration is Required  
Visit our Member Service Desk & Sign Up!

# October Programs

## Getting to Know Classic Films

**Wednesday, October 9th & 23rd at 1:00-3:00pm in The Landing Tech Room**

Join Scott Schutte, classic movie buff for two films in August.

**October 9th: "How Green Was My Valley" (1941)**

**October 23rd: "The Quiet Man" (1952)**

**Facilitator: Scott Schutte | Members: FREE Non-Members: Day Pass Required**



## Osteoporosis, Osteopenia: Bone Health Workshop

**Thursday, October 10th at 10:00-11:00am in The Landing Tech & Art Rooms**

Join Madison Brummond, of Living Without Limits, in this Health & Welfare program where education will be provided on what osteopenia & osteoporosis are, how it can affect daily life & how you can grow stronger bones.

Through this interactive presentation you will walk away with examples of easy ways you can increase your bone health.

**Facilitator: Madison Brummond | Members: FREE Non-Members: Day Pass Required**



## Wisconsin Dells Scenic City History & Trolley Tour

**Friday, October 11th- Meet at The Landing at 7:45am for departure**

Get to know Wisconsin Dells with a Scenic City & History Trolley Tour. We'll explore the area's most iconic spots & learn fascinating stories about the city's past. After the tour, you can grab lunch at Bobber's Island Grille (on your own) then head downtown to explore and shop.

Included in the trip cost is the shuttle, snacks on the shuttle and trolley tour tickets. Lunch and shopping are not included. **Registration Deadline: September 27th.**

**Facilitator: Dave Landretti | Cost: \$60**



## Delores Kessel Presents: Personality Disorders

**Friday, October 11th at 8:30-10:00am in The Landing Tech & Art Rooms**

People have unique personalities made up of a complex combination of different traits. Personality traits affect how people understand & relate to the world around them, as well as how they see themselves.

Join Delores to better understand personality disorders & how to recognize the disorder.

**Facilitator: Delores Kessel | Members: FREE Non-Member: Day Pass Required**





# October Programs

Registration is Required  
Visit our Member Service Desk & Sign Up!

## Exploring Self-Healing Energies with Bernie

**Monday, October 14th & 28th at 10:00-11:30am in The YMCA Multi-Purpose Room  
Occurs on the 2nd & 4th Mondays of each month**

Health & Wellness

You will learn how to understand your wisdom from within, through various spiritual practices. Join us for this fascinating and informative personal wellness program.

**Facilitator: Bernie Corsten | Members: FREE Non-Members: Day Pass Required**

## The Road to Recovery: PAM Rehabilitation Health Educational Series

**Tuesday, October 15th at 9:00-10:00am in The Landing Tech & Art Rooms**

Health & Wellness

Rehabilitative medical care is crucial for helping individuals recover & regain their optimal level of function & independence after experiencing illness, injury, surgery or other medical conditions.

Join PAM Health Rehabilitation in this educational series to discover how rehabilitative medical care empowers patients to reach their highest level of function & gain control of their well-being.

**Facilitator: Megan Schroeder | Members: FREE Non-Members: Day Pass Required**

## Wings Grief: Finding the Other Side of Sadness- Who am I now?

**Tuesdays, October 15-November 5th at 5:30-7:00pm in The Landing Tech Room**

Health & Wellness

Loss has significantly changed your life. This isn't something you chose. As painful as the process appears, you realize this unanticipated path requires you to redefine who you are so you "fit" into the next chapter of your life.

In this four week series you will learn what to expect as you heal. Please see flyer for registration details. **Registrations will NOT be taken at The Landing**

**Facilitator: Nan Zastrow | Cost: FREE- Non-Members must register at the YMCA Front Desk**

## Golf Social at Trapp River Golf Course

**Wednesday, October 16th at 1:00-3:30pm at Trapp River Golf Course  
243124 CTY RD WW | Wausau, WI 54403.**

Offsite Adventures

Attention Golfers! Let's get together & golf 9 holes at Trapp River Golf Course.

**Registration Deadline: October 9th**

**Facilitator: Bill Olson | Cost: All fees will be paid at the golf course**





# October Programs

Registration is Required  
Visit our Member Service Desk & Sign Up!

## Mind, Body & Spirit with Debby Krenz

Special Interest

**Thursday, October 17th & 24th at 9:30-11:00am in The YMCA Multi-Purpose Room**

Join Debby for a series of classes to explore different authors & their books about connecting with our inner wisdom. It is especially important at times like this, that we need to find peace & wisdom that will guide us through it all with grace & harmony.

Registration is required.

**Facilitator: Debby Krenz | Members: \$12 Non-Members: \$27**

## Willow Springs & Wilkes Farm Present: Fall Fun- Pumpkin Hunt & PIZZA Lunch followed by Tractor Pull Hay Ride

Offsite Adventures

**Thursday, October 17th- Meet at 11:00am for Landing Shuttle Departure**

Join in the Fall Fun at Willow Springs & Wilkes Farm. First, we will head to Willow Springs to hunt for pumpkins in their short corn maze. After the hunt, enjoy Pizza & homemade soup made by Willow Farms. Second, we will board the Shuttle to head to Wilkes Farm for a very scenic & relaxing tractor pulled hayride. Cost includes shuttle ride, activities & lunch.

**Registration Deadline: October 9th**

**Facilitator: Dave Landretti | Cost: \$40**

## Halloween Bingo at The Landing!

Games

**Thursday, October 17th at 1:00-2:30pm in The Landing Tech & Art Rooms**

Let's play Bingo! Come out and play Bingo with your old and new friends each month. No daubers or number covers needed as we will be using the sliding window bingo cards. There will be friends, prizes & laughter. Have extra fun by dressing up for Halloween!

**Facilitator: Mary Jindrich | Members: FREE Non-Members: Day Pass Required**

Special Thanks  
Bingo Sponsor



## Team Trivia Smackdown

Games

**Friday, October 18th at 11:30am-12:30pm in The Landing Tech & Art Rooms**

Bring all your facts, knowledge, wisdom, or lucky guesses to this event. It's a great way to meet new people along with old friends, with much fun to be had by all, so Register Today.

**Facilitator: Mary Ellen Marnholtz | Members: FREE Non-Members: Day Pass Required**

Special Thanks  
Trivia Sponsor





# October Programs

Registration is Required  
Visit our Member Service Desk & Sign Up!

## Horticulture with Janell- Forcing Bulbs

**Wednesday, October 23rd at 10:00-11:00am in The YMCA Multi-Purpose Room**



Now's the time when many gardeners are purchasing & planting spring flowering bulbs for early season color. You can enjoy tulips, hyacinths, daffodils & crocus indoors as a winter flowering treat if you take steps now to prepare the bulbs.

We'll cover bulb selection, planting, cold treatment & growing & you'll take home a planted bulb to try this winter.

**Facilitator: Janell Wehr | Members: FREE Non-Members: Day Pass Required**

## Bridge Lessons: Advanced & Beginners, Session 2



**Wednesdays, October 23rd-December 18th at 12:30-2:30pm in The YMCA School Age & Multi-Purpose Room**

We will be holding two separate Bridge Lesson Classes, one for beginners & one for more advanced players. Beginners will use the book **"Play of the Hand in the 21st Century"** Book 2 in the ACBL Series. Advanced will use the book **"How you can play like an expert (Without having to be one)"** Book cost is included in the cost of the lessons. **Registration Deadline: October 9th**

**Facilitator: Emalyn Nikstad & Jim Golz | Members: \$35 Non-Members: \$80**

## The Lunch Club!



**Thursday, October 24th at 12:00-2:00pm at Chang Garden  
4215 Barbican Ave | Weston, WI 54476**

Join us for October's Lunch club at Chang Garden a tranquil, intimate restaurant offering a wide selection of Chinese dishes & a full sushi menu.

**Facilitator: Mary Jindrich | Cost: Lunch Fees to be paid to restaurant**

## Stable Hands Equine Therapy



**Thursday, October 24th at 2:00-3:30pm at Stable Hands Equine Therapy Center  
142744 Countryside Dr | Wausau, WI**

We will meet at Stable Hands Equine Therapy Center for a program on the services they offer, a tour of the facility & even meet the horses.

Join us for this fun & interesting program.

**Facilitator: Diane Abitz | Cost: FREE**





Registration is Required  
Visit our Member Service Desk & Sign Up!

# October Programs

## Ho-Chunk Gaming Casino Trip

**Friday, October 25th- Ho-Chunk Shuttle departs at 1:15pm**



Join in on the fun of these monthly shuttle trips to Ho-Chunk Gaming in Wittenberg. The casino offers many different slot options and electronic table games, including Texas Hold Em, Craps, Black Jack and Roulette

**Facilitator: Kathryn Boettcher | Cost: FREE**

## Wausau Police- Investigations Division

**Monday, October 28th at 9:00-10:00am in The Landing Tech & Art Rooms**



Detective Nicholas Walters of the Investigations Division of the Wausau Police will present on the structure & what it means to be a detective in the Investigations division. Dive in to learn more about what they do, how they do it, & how the technology used is vastly different than what you see on your favorite cop show.

**Facilitator: Detective Walters | Members: FREE Non-Member: Day Pass Required**

## New Member Meet & Greet

**Monday, October 28th at 11:30-12:30pm in The Landing Tech Room**

***Occurs on the 4th Monday of each***



Join us for a fun and informational sessions to welcome you to The Landing.

**Facilitator: Mary Jindrich | Cost: FREE**

## Book Club

**Monday, October 28th at 11:30am-12:30pm in The Landing Art Room**

***Occurs on the 4th Monday of each month***



Our book club is led by Connie Heidemann with Marathon County Literacy. All group members will read the book and join in a lively discussion led by Connie about the themes, characters and takeaways from each book. Please read **“Heaven & Earth Grocery Store” by James McBride** for October’s meeting.

**Facilitator: Connie Heidemann | Members: FREE Non-Members: Day Pass Required**

## Bay Park Square Shopping Trip- Green Bay, WI

**Tuesday, October 29th- Meet at The Landing at 9:00am for Departure**



Board The Landing Shuttle for a shopping trip to Green Bay, WI. Bus departs The Landing at 9:30am & will depart the Mall at 2:30pm. **Cancellations after October 11th will not receive a refund.**

**Facilitator: Halle Veenstra | Cost: \$22**



Registration is Required  
Visit our Member Service Desk & Sign Up!

# October Programs

## **Edward Jones Presents: Social Security- Your Questions Answered**

**Tuesday, October 29th at 11:00am-12:00pm in The Landing Tech Room**

Social Security is likely the cornerstone of your retirement income. As you approach retirement, it's crucial to understand your options & how your decisions can impact your financial future.



Join Paul Dau of Edward Jones as he provides insights & answered to your pressing Social Security questions.

**Facilitator: Paul Dau | Members: FREE Non-Members: Day Pass Required**

## **Alzheimer's Association Presents: Communicating Effectively**

**Tuesday, October 29th at 2:00-3:00pm in The Landing Tech Room**

This program is part three of the five part "Empowered Caregiver" education series that teaches caregivers how to navigate responsibilities of caring for someone living with dementia. Each month we will be offering the next part in the series. Participants can register for individual courses to meet their needs/interests or complete the entire series.



**Facilitator: Alzheimer's Association | Members: FREE Non-Members must Register at the YMCA Front Desk**

## **Rennes Group Presents: Understanding Insurance Questions Relating to Skilled Nursing Homes**

**Wednesday, October 30th at 10:00-11:00am in The Landing Tech Room**

When looking to the future, it's impossible to predict if you or your loved one will require nursing facility care. Another major unknown for many is if the insurance they or their loved one carries will actually cover care.



Join Rennes Group to help sort out some of the complexities about insurance coverages on skilled nursing facilities.

**Facilitator: Rennes Group | Members: FREE Non-Members: Day Pass Required**





Registration is Required  
Visit our Member Service Desk & Sign Up!

Looking Ahead

## Fireside Theatre Presents: Miracle on 34th Street

**Thursday, December 5th- Lamers Bus Departs at 7:15am**



Join us for our Annual Trip to the Fireside Theatre for the musical "Miracle on 34th Street." Jump aboard the comfortable Lamers Motor coach and enjoy snacks on the bus. Upon arriving to Fireside you will have time to visit some of their spectacular gift shops before having lunch as a group at 11:15am. Show starts at 1:30pm. From there we will load the bus for home with a quick stop in Westfield for dinner.

T8icket costs includes ride on Lamer's bus, light snacks and water on bus, musical and lunch tickets. **Registration Deadline: November 4th**

**Facilitator: Amber Pender | Cost: \$175**

## Sponsorship Shout-Out!

Thank You to the Clay Marketing Group for your Hot Chocolate Sponsorship in October.



**CLAY MARKETING GROUP**

powered by  
**AMERICAN SENIOR BENEFITS**  
*helping someone every day*

Clay Marketing Group is a client focused, independent insurance agency offering plans from the finest insurance companies in the country. We specialize in serving the unique needs of those 55 and over. Join us at one of our educational workshops this fall!  
(715) 842-1340

## Program Cancellation Policy

Program registrations are required to ensure a spot is exclusively reserved for you. If you are unable to attend a registered program, please contact The Landing at 715-841-1855 as soon as possible. For programs with a fee, a program credit will be issued. If the fee is over \$20, a credit card reimbursement or check can be issued. If the fee is over \$20, a credit care reimbursement or check can be requested until the Registration Deadline. Unfortunately, we are unable to reimburse in the form of cash. NOTE: Credit Car & check reimbursements can take up to 10 days the receive.

All registration deadlines will be indicated in the Program Guide & on the Program Flyer. No reimbursement is guaranteed after the program registration deadline. The Landing staff will attempt to fill open spots with members on the program waiting list. Program credits or reimbursements will be given if the spot was able to be filled.

**Note:** The Landing reserves the right to modify this policy at any time.



Registration is Required  
Visit our Member Service Desk & Sign Up!

# Weekly Programs

## Movie Mondays

---



### Every Monday in The Landing Tech Room at 12:45-3:30pm

We will be showing a movie every Monday afternoon starting at 12:45 pm in The Landing Tech Room. We update the Movie Monday flyers each month after the Monday movie from the previous month, so grab a flyer for more details. We will see you at the movie!

## Kings in The Corner

---



### Mondays & Thursdays from 11:00-12:30pm in The Landing Game Room

Only 1 deck of cards is used in this game with a maximum of 4-5 players per table. Players try to get rid of their cards by playing them in a solitaire-like layout of 8 piles, built of alternate red & black cards in descending order. The Ace is low. The Kings are placed in the corner to start a run from King to Ace. Beginners Welcome!

## American Mahjong

---



### Mondays & Fridays at 1:00-3:00pm in The Landing Dining Room

We are setting aside space for mahjong play- we hope you'll join us! Up to 16 players if using only The Landing's Mahjong sets. Bring your own Mahjong card.

## Monday Bridge (Closed Group)

---



### Mondays at 1:00-3:00pm in The Landing Game Room

No openings for new players

## Euchre

---



### Tuesdays at 10:00am-12:00pm in in The Landing Game Room

Come with a partner or on your own and join us for a rousing round or two of Euchre! Want to learn? We will help you. Come join us.

## Tuesday Crafters

---



### Tuesdays at 12:00-2:00pm in in The Landing Art Room

Work on your craft project among friends! Bring your unfinished project and get the motivation you need to complete it by enjoying the company of fellow crafters. You might even get a few tips and tricks to take your work to the next level!

## Mexican Train

---



### Tuesdays at 12:30-3:30pm in in The Landing Dining Room

Mexican Train is a game played with dominoes. The object of the game is for a player to play all the tiles from his or her hand onto one for more chains, or trains, emanating from a central hub or "station." The game's most popular name comes from a special optional train that belongs to all players.





# Weekly Programs

Registration is Required  
Visit our Member Service Desk & Sign Up!

## Hand and Foot

**Tuesdays at 12:30-3:00pm & Fridays 10:30-1:00pm in The Landing Game Room**

Similar to Canasta, Hand and Foot is a game in which each player is dealt two sets of cards- the hand, which is played first, and the foot, which is played when the hand is used up. Players will agree upon rules and variations at the start of play.

Games

## Advanced Chicago Style Bridge

**Wednesdays at 9:00-11:30am in The YMCA School Age Room**

Experienced bridge players are invited to play bridge each Wednesday. Players need to talk with Jean prior to joining the group.

**Leader: Jean Burgener**

Games

## Fun Bridge

**Wednesdays at 10:00am-12:00pm in The Landing Game Room**

Beginner Bridge players are invited to play Bridge every Friday.

Games

## Cribbage

**Wednesdays at 1:00-3:00pm in The Landing Game Room**

Come play Cribbage with new friends and old at The Landing- every Wednesday!

Games

## Laughter Club

**Thursdays at 10:00-11:00am in The Landing Art Room**

Laughter Club members participate in 30 minutes of laughter exercises with using charades, improve, stories and humor. The Laughter Club participants will feel the health and social benefits from the very first session. We encourage you to drop in to sample a class!

**Leader: Bernie Corsten**

Social Clubs & Groups

## Ping Pong at The Landing

**Thursdays at 1:00-2:00pm in The Landing Game Room**

Join us for a weekly gathering to play ping pong

Games

## Sheepshead

**Fridays at 1:00-3:00pm in The Landing Game Room**

All levels of players are welcome, even beginners

Games